

Me and my relationships

Conflict

Prior Knowledge

Year 3: We experience certain feelings when we experience losing something that is close to us. There are strategies we can use to maintain a positive relationship with our special people.

Year 2: Bodies and feelings can be hurt by words and actions.

Year 1: It's important to treat ourselves and others with respect.



My Component Knowledge:

Lesson 1: I can explain how different words can express the intensity of feelings.

Lesson 2: I can describe what a positive, healthy relationship is. I can describe qualities that I admire in others.

Lesson 3: I can describe appropriate assertive strategies for saying no to a friend.

Lesson 4: I can define successful qualities of teamwork and collaboration.

Lesson 5: I can recognise that different people can have different feelings in the same situation.

Lesson 6: I can give examples of strategies to respond to being bullied, including what people can do and say.

My Composite Knowledge:

I can explain what makes a good friend and recognise these qualities in the people around me. I understand that

My Powerful Knowledge:

I know that in order to maintain healthy relationships with the people about me, sometimes people will need to say no to each other. I understand that there are sensitive ways to say no to someone that I want to keep a good relationship with.

Key Vocabulary

Tier 1: feelings, successful, pressure, friends, family, healthy

Tier 2: assertive, qualities, collaboration, teamwork, admire

Tier 3: obligated



How might you feel in these places?



HOW ARE YOU FEELING?



How are you feeling?

