

Growing and Changing Innovation

Prior Knowledge

Reception –
Introduction into the human life cycle.

Year 1 – Roles of the internal body parts and looking after others.

Year 2 – Recognising feelings and understanding that some body parts are private.

Year 3 – Respecting personal space and introduction into puberty.

Year 4 – Who can help us when we are going through changes.



My Component Knowledge:

Lesson 1: I can describe the intensity of different feelings.

Lesson 2: I can identify the people who can be trusted.

Lesson 3: I can explain feelings towards separation.

Lesson 4: I can discuss the myths associated with puberty.

Lesson 5: I can identify the consequences of negative and positive behaviour.

Lesson 6: I can describe how to look after myself in the future.

My Composite Knowledge:

I can create a link with behaviour and feelings, thinking about how I can influence my own behaviour and that of others.

My Powerful Knowledge:

I understand the importance that everyone is unique and should be treated with respect. I can do this by using my understanding of the human body.

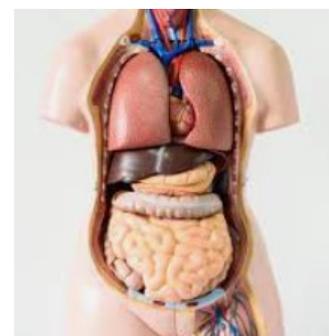
Key Vocabulary

Tier 1: safe, unsafe, wellbeing, changes, trust, empathy.

Tier 2: intensity, anxieties, puberty, external organs.

Tier 3: resilience, regulated, dysregulated.

How does our body change?



What is resilience?



Who can we trust?