

SOUTH WEST  
**norse**

Fresh Ideas Feeding Minds

# Spring / Summer

## Menu 2024

Welcome to our New Spring/Summer menu.

Allergen information is available at

[www.swnorse.co.uk](http://www.swnorse.co.uk)

Special diet registration forms are

[catering@swnorse.co.uk](mailto:catering@swnorse.co.uk)

“Putting Children at the  
Heart of What We Do”

Throughout the year we offer a number  
of themed menus to support the  
curriculum, celebrate holidays and  
seasonal events - please check with your  
school for local arrangements.

Fresh Bread, Salad, Fruit,  
Yoghurts and Water are  
all available daily.

Please note the menu may be subject to change to meet local needs. For details of employment opportunities within South West Norse please email [info@swnorse.co.uk](mailto:info@swnorse.co.uk) or phone us 01392 351160.

**SUGAR  
SMART**

# Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Homemade Margarita Pizza	Norse Beef Burger In a Bap	Roast Chicken With Stuffing	Salmon & Broccoli Pasta In Tomato Sauce	Fish Fingers
Option 2 (v)	Vegetable Pasta Bake	Quorn Burger In a Bap	Veggie Roast Wellington	Freshly Prepared Mac & Cheese	Vegetable Fingers
Sides	Sweetcorn & Pasta	Baked Beans Salad Sticks Potato Wedges	Seasonal Vegetables Roast Potatoes & Gravy	Green Beans Sliced Carrots	Baked Beans or Crunchy Vegetable Sticks & Chips
And for pudding	Strawberry Mousse	Chocolate Surprise Brownie	Organic Pip Ice Lolly	Flapjack with Apple Wedges	Chocolate Shortbread
Baguette*	Ham, <del>Swiss Cheese</del> <del>Tuna Mayo</del>	<del>Swiss Cheese</del> <del>Tuna Mayo</del>	<del>Swiss Cheese</del> Tuna Mayo	Ham, <del>Swiss Cheese</del> <del>Tuna Mayo</del>	<del>Swiss Cheese</del> <del>Tuna Mayo</del>
Available each day	Freshly Prepared Salad, Bread and Drinking Water. Fresh Fruit or Organic Yoghurt available as a pudding alternatives *Baguette: Served with salad sticks & yoghurt & piece of fruit				
Week starting:	15/04/24 - 07/05/24 - 03/06/24 - 24/06/24 - 15/07/24 - 09/09/24 - 30/09/24 - 21/10/24				

# Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Homemade Margarita Pizza	Sausage Roll	Roast Gammon	Chicken & Vegetable Meatballs in Tomato Sauce	Fish Fingers
Option 2 (v)	Quorn & Vegetable Fajita	Vegan Sausage Roll	Cheese, Potato & Leek Parcel	Veggie Balls in Tomato Sauce	Cheese Omelette
Sides	Sweetcorn & Pasta	Baked Beans or Crunchy Salad Sticks & Diced Potatoes	Seasonal Vegetables Roast Potatoes & Gravy	Pasta & Country Mixed Veg	Baked Beans or Crunchy Vegetable Sticks & Chips
And for pudding	Chocolate Arctic Roll	Sticky Toffee Cake	Organic Pip Ice Lolly	Mandarin Orange Jelly	Oat & Sultana Cookie
Baguette*	<del>Swiss Cheese</del> <del>Tuna Mayo</del>	Ham, <del>Swiss Cheese</del> <del>Tuna Mayo</del>	<del>Swiss Cheese</del> Tuna Mayo	<del>Swiss Cheese</del> <del>Tuna Mayo</del>	Ham, <del>Swiss Cheese</del> <del>Tuna Mayo</del>
Available each day	Freshly Prepared Salad, Bread and Drinking Water. Fresh Fruit or Organic Yoghurt available as a pudding alternatives *Baguette: Served with salad sticks & yoghurt & piece of fruit				
Week starting:	22/04/24 - 13/05/24 - 10/06/24 - 01/07/24 - 22/07/24 - 16/09/24 - 07/10/24				

# Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Homemade Margarita Pizza	Chicken Curry	Butchers Sausages & Yorkshire Pudding	Beef Bolognese	Fish Fingers
Option 2 (v)	Roasted Vegetable Pasta Bake	Homemade Cheese Wheels	Quorn Sausage & Yorkshire Pudding	Quorn Bolognese	Quorn Dippers
Sides	Sweetcorn & Pasta	Baked Beans Peas & Diced Potatoes	Seasonal Vegetables Roast Potatoes & Gravy	Green Beans Sweetcorn & Spaggetti	Baked Beans or Crunchy Vegetable Sticks & Chips
And for pudding	Orange & Mango Iced Smoothie	Rice Krispie Cake	Organic Pip Ice Lolly	Oaty Apple Crunch	Homemade Jammy Dodger
Baguette*	Ham, <del>Swiss Cheese</del> <del>Tuna Mayo</del>	<del>Swiss Cheese</del> <del>Tuna Mayo</del>	<del>Swiss Cheese</del> Tuna Mayo	Ham, <del>Swiss Cheese</del> <del>Tuna Mayo</del>	<del>Swiss Cheese</del> <del>Tuna Mayo</del>
Available each day	Freshly Prepared Salad, Bread and Drinking Water. Fresh Fruit or Organic Yoghurt available as a pudding alternatives *Baguette: Served with salad sticks & yoghurt & piece of fruit				
Week starting:	29/04/24 - 20/05/24 - 17/06/24 - 08/07/24 - 02/09/24 - 23/09/24 - 14/10/24				