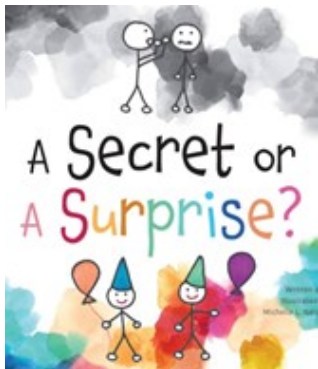


PSHE- Keeping safe

Innovation

Prior Knowledge

The children have learnt about how their feelings and behaviour can keep them safe, who they can talk to and ways they can keep healthy. In EYFS, the children learned about the basic ways to keep themselves safe, good and bad things for their bodies, understanding their feelings and people they can trust. They have also discussed the importance of keeping some things private and what we can share safely.



Should all secrets be kept?



My Component Knowledge:

Lesson 1: I can give some examples of ways to feel better without using medicines and explain simple ways to stay safe around and when using medicines.

Lesson 2: I can identify situations when I would say yes, no, I'll ask and I'll tell.

Lesson 3: I can identify the types of touch I like and don't like.

Lesson 4: I can understand what I should do if I feel uncomfortable when someone touches me.

Lesson 5: I understand that there are unsafe secrets and secrets that are nice surprises.

Lesson 6: I can discuss and explain what I have learnt about keeping safe.

My Composite Knowledge:

I can recognise situations when I might feel unsafe and explain strategies that I can use.

My Powerful Knowledge: I can learn about the different situations in my life that might make me uncomfortable. I can identify safe adults that I can go to for support. I can recognise the importance of consent and speaking up if I ever feel unsafe.

Key Vocabulary

Tier 1: secret, surprise, uncomfortable, safe, unsafe

Tier 2: Swallow, inject, temperature, chemist, dose, situation, signals, Underwear Rule (PANTS), private

Tier 3: Facial expressions, body language, uncomfortable, genitals, support network

Who can you go to if you ever feel unsafe?



How can you look after yourself if you don't feel well?

