

## Prior Knowledge

Reception: Children know the importance for good health, of physical exercise, and a healthy diet, and talk about ways to keep healthy and safe.



# SCARF

## My Component Knowledge:

Lesson 1: I can name major internal body parts and identify the processes they are involved in.

Lesson 2: I know how to look after and meet the basic needs of a baby.

Lesson 3: I can talk about what I could do as a baby and toddler and what I can do now.

Lesson 4: I know the difference between teasing and bullying.

Lesson 5: I can explain the difference between a secret and a nice surprise.

Lesson 6: I can identify parts of the body that are private.

## My Composite Knowledge:

I know how I have grown and changed from birth to the present day.

## My Powerful Knowledge:

I know how I should be treated by those around me. I know whom I could speak to if I am not being treated with care and respect.

## Key Vocabulary

Tier 1: body, heart, baby, grow, change.

Tier 2: lungs, stomach, love, care, toddler, tease, unkind, bully, secret, private.

Tier 3: survival, bullying, intestines.



What  
is  
bullying?

How has your  
body changed?



How do we look after  
a baby?

